



APPETIZERS

Fruit Punch

Makes 20 (1 cup) Servings

Ingredients

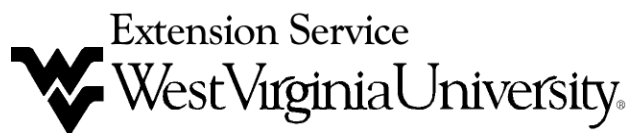
1 (.35 oz.) sugar-free tropical punch soft drink mix
4 cups water
1 (12 oz.) can unsweetened frozen orange juice concentrate, thawed
4 liters diet lemon-lime soda

Directions

1. In a large pitcher, combine soft drink mix and water; mix well.
2. Add orange juice concentrate; mix well.
3. When ready to serve, pour into punch bowl and add the soda.
4. Serve chilled.

Nutrition Facts

Calories: 35
Total Fat: 0 g
Saturated Fat: 0 g
Cholesterol: 0 mg
Sodium: 20 mg
Total Carbohydrate: 9 g
Dietary Fiber: 0 g
Sugars: 0 g
Protein: 1 g
Vitamin A: 2%
Vitamin C: 50%
Calcium: 0%
Iron: 0%



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